

## Salads and Bowls

### Spicy Chicken Salad - \$13

11 spice pan roasted chicken breast, roasted corn, poblano peppers, crispy tortilla strips, romaine, cornbread croutons, creamy Southwest dressing

### Grilled Steak Salad - \$15

Ribeye, grilled red bliss potatoes, green beans, roasted zucchini, crispy onion rings, mixed greens and creamy horseradish dressing

### Garden Salad - \$7

Romaine, grape tomatoes, cucumber, red onion, radish, broccoli, carrot and balsamic dressing

Add grilled chicken - \$3

### Multigrain Bowl - \$12

Couscous, barley, cracked wheat, red quinoa, chickpeas, roasted red peppers, hummus, Nicoise olives, lettuce, toasted naan and sundried tomato vinaigrette

### Salmon & Brown Rice Bowl - \$15

Grilled salmon, brown rice, quinoa, broccoli, snow peas, carrots, red onions, sesame seeds and maple soy sauce

### Grilled Chicken Bowl - \$10

Grilled lemon herb chicken, cilantro lime rice, tomato salsa, avocado and shredded cheddar cheese

## Build Your Own Sandwich

Whether you want a classic or a sammie with the works, we can make it!

### Meats

Ham, Turkey, Roast Beef, Sliced Chicken, Corned Beef, Capicola, Bologna, Salami, Liverwurst, Pastrami

### Cheeses

3 Pepper Colby Jack, American, Sharp Cheddar, Vermont Cheddar, Chipotle Gouda, Smoked Gouda, Havarti, Muenster, Pepper Jack, Provolone, Gold Swiss, Lacey Swiss

### Condiments

Classic Mayo, Dijon Mustard, Spicy Brown Mustard, Salsa Mayo, Black Olive Mayo, Caesar Dressing, Creamy Horseradish

### Toppings

Lettuce, Tomato, Onion, Cherry Peppers, Roasted Red Peppers, Pickles

### Bread

Italian, Ciabatta, Sub Roll, Rye, White, Wheat, Tortilla Wraps

## Kid's Menu

### Hot Dog - \$7

Sabrett hot dog served on brioche bun with a side of housemade potato chips

### Chicken Fingers - \$6

Chicken fingers served with a side of housemade potato chips

### Mac & Cheese - \$6

3 cheese mac and cheese with a side of housemade potato chips

### Little Bird Breakfast - \$6

Two eggs, bacon, Morning Potatoes and a slice of white bread toast

## Kid's Lunch Boxes

**Sandwich Choices:** Cucumber & Hummus, PB&J, Ham & American Cheese or Turkey & American Cheese

Each Lunch Box comes with Goldfish or Pretzels and your choice of water or juice

\$7 each

## Sides

### Morning Potatoes - \$4

### Griddled Muffin - \$3

- Chocolate Chip Pumpkin or Blueberry

### Coleslaw, Potato or Macaroni Salad (8 oz.) - \$3

### Kale Power Salad (16 oz.) - \$5

### Hot Soup (12 oz.) - \$5

- Chicken Noodle or Beef Chili

### Housemade Potato Chips - \$3

### Onion Rings - \$6

### Chips & Guacamole - \$7

### Brownie \$3

### BIG Chocolate Chip Cookie - \$3.50

### Apple or Banana - \$1

## Drinks

### Fiji Water or Boylan Soda - \$2

### Natalie's Orange Juice (8 oz.) - \$2

### House Made Agua Frescas - \$4

- Tamarind Agua Fresca, Horchata, Pumpkin Horchata



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## Breakfast

### Sickles Slammer - \$7

Fried egg, pork roll, Morning Potatoes, Vermont white cheddar, brioche roll

### Croissant Eggwich - \$7

Scrambled eggs, young Gouda, sweet basil, caramelized onions, toasted croissant

### Breakfast Burrito - \$6

Black beans, peppers, onions, cilantro, scrambled eggs, pepper jack cheese, flour tortilla & tomato salsa

### Good Morning Grilled Cheese - \$6

Fried egg, Vermont white cheddar, house-smoked bacon, grilled marble rye

### Egg White Sandwich - \$6

Egg whites, Muenster cheese, baby spinach, grainy mustard, multigrain bread

### Huevos Rancheros - \$8

Corn tortillas deep fried with refried beans, egg, tomato salsa and avocado. Sprinkled with Cojita cheese

### Sickles Benedict - \$12

Our take on a classic! English muffin with over easy eggs, pork roll, bacon and a decadent cheese sauce. Served with Morning Potatoes

### Avocado Toast - \$9

Avocado, arugula, micro daikon radish, over-medium eggs, lemon juice, extra virgin olive oil, multigrain bread

### Omelet - \$10

2 egg omelet with your choice of two veggies (peppers, onions, spinach, tomato, mushrooms) and cheese. Served with Morning Potatoes and a slice of toast

### Oatmeal Porridge - \$8

Steel cut and rolled oats, cinnamon and maple syrup cooked in almond milk, with dried fruit, bananas and berries

### Egg & Cheese Sandwich - \$5

Your choice of cheese & bread

### Griddled Muffin - \$3

Your choice of Blueberry or Chocolate Chip Pumpkin

### Biscuits & Gravy - \$8

Two house made biscuits topped with fried chicken cutlets and sausage gravy

### Chicken & Waffles - \$13

Belgian waffle topped with buttermilk fried chicken and bacon gravy

### Classic Belgian Waffle - \$8

Served with Maple Syrup and Butter

Served with sliced banana, strawberries and Nutella - \$3

Add Bacon or Pork Roll to any breakfast item - \$2

All items are made to order and served with seasonal fruit salad.

## Seasonal Specials

### Pumpkin Waffle- \$9

Our seasonal pumpkin waffle served with pecans, maple syrup and cinnamon whipped cream

### Pumpkin Stuffed French Toast - \$11

Brioche French Toast stuffed with pumpkin cream cheese, topped with cinnamon butter and maple syrup

## Cold Sandwiches

### Turkey Avo - \$9

Roasted turkey breast, avocado, black pepper aioli, green leaf lettuce, sliced pumpernickel

### Grilled Chicken Breast - \$10

With grilled zucchini, sundried tomato spread, provolone, arugula, ciabatta roll

### Mozz & Rabe - \$9

Broccoli rabe and Sickles' Own Mozzarella, arugula, roasted red peppers, slow roasted plum tomatoes, basil oil, Tuscan roll

### Porchetta Sandwich - \$12

Berkshire Porchetta with ale-pickled onions, arugula, Pumpkin Seed Pesto, ciabatta roll

### Lobster Roll - \$25

Our signature lobster salad on a buttered and toasted brioche roll.

### Oven Roasted Rib Eye - \$15

Crispy Spiced onions, green leaf lettuce, brown buttered mushrooms, Boursin cheese, seeded semolina sub roll

## Sickles' Own Classics

### The Italian Sub - \$9

Genoa salami, cappy ham, picante provolone, red onions, romaine lettuce, tomato and Italian dressing on a sub roll

### The Fair Haven - \$12

Warm honey maple turkey, bacon, Swiss cheese, coleslaw and Russian dressing on a ciabatta roll

### The Parker House - \$13

Grass-fed roast beef, provolone cheese, romaine lettuce, tomato and horseradish sauce on a Kaiser roll

### The Sweet Adelaide - \$12

Oven Gold turkey, bacon, avocado slices, spinach & honey mustard on a wrap

### Turkey Club - 12

Turkey, romaine, bacon, tomato and mayonnaise on white toast

## Hot Sandwiches & Such

### The Vermont - \$13

Sickles' Own Turkey, Vermont cheddar, maple mayo, sliced apples, lettuce on sourdough

### Crispy Buttermilk Fried Chicken - \$11

Fried chicken, creole veg slaw, spicy mayo, bread and butter pickles, pretzel bun

### Deep Fried PB&J - \$8

A must-try! Peanut butter & grape jelly sandwich, egg battered and dipped in panko, then fried and topped with strawberry sauce

### Sickles Smash Burger - \$10

House blend of chuck and brisket patties griddled over onions, served with black pepper mayo, pickles, lettuce & tomato on a brioche bun

Add cheese - \$1

Add Tomato Bacon Jam - \$2

### Vegan Burger - \$13

Our signature vegan burger patty made of a bean, vegetable and breadcrumb medley served with vegan aioli, avocado and tobacco onions on a bun

### Falafel Burger - \$10

With Calabrian chili hummus, sumac onions, shredded red cabbage, pickled fennel, lemon garlic tahini, whole wheat pita

### Ribeye Cheesesteak - \$14

Ribeye, peppers, onions and provolone cheese on an Italian roll

### Fish Tacos (3) - \$12

Fried or grilled catch of the day, avocado crema, red cabbage pickled jalapeño slaw, radish, lime, corn tortillas

### Steak Tacos (3) - \$12

Tender flat iron steak in corn tortillas with red cabbage & pickled jalapeño slaw, avocado crema and lime wedges

### Vegan Tacos (3) - \$9

Seasoned tofu and potatoes with red onion. Poblano peppers, corn, avocado and zucchini sauce inside romaine lettuce

### Empanada Trio - \$10

Choose from Beef, Pork, or Vegan Sweet Potato & Lentil. Served with salsas

### Fish & Chips - \$15

Tempura battered cod served with house made potato chips and tartar sauce

### Slice of Quiche - \$7

4 Cheese or Lorraine. Served with side salad

### Grilled Cheese - \$6

Your choice of bread and cheese. Add bacon, pork roll or ham - \$2