

Tacos & Empanadas

Fish Tacos (3) - \$12

Fried or grilled catch of the day, avocado crema, red cabbage, pickled jalapeño slaw, radish, lime, corn tortillas

Steak Tacos (3) - \$12

Tender flat iron steak, avocado crema, red cabbage, pickled jalapeño slaw, radish, lime, corn tortillas

Butternut Squash Tacos (3) - \$8

Butternut squash, Poblano peppers, black beans, red onion, avocado zucchini sauce, cotija cheese, corn tortillas

Empanada Trio - \$10

Choose from Beef, Pork, or Vegan Sweet Potato & Lentil. Served with sour cream, salsa verde, and salsa roja.

Bowls & Salads

Spicy Pork Ramen - \$14

Pork belly, egg, ramen noodles, baby bok choy, shiitake mushrooms, scallions, spicy pork broth

Autumn Cous Cous Bowl - \$10

Brussels sprouts, butternut squash, parsnip, yellow squash, red onion, garbanzo beans, baby spinach, pumpkin seeds, Israeli cous cous, black lentils, honey dijon dressing

Salmon & Brown Rice Bowl - \$15

Grilled salmon, brown rice, quinoa, broccoli, snow peas, carrots, red onions, sesame seeds and maple soy sauce

Grilled Chicken Bowl - \$10

Grilled lemon herb chicken, cilantro lime rice, tomato salsa, avocado and shredded cheddar cheese

Sickles Steakhouse Salad - \$15

Roasted ribeye, baby spinach, butternut squash, dried cranberries, crispy shallots, blue cheese crumbles, red wine vinaigrette

Spicy Chicken Salad - \$13

11 spice pan roasted chicken breast, roasted corn, Poblano peppers, crispy tortilla strips, romaine, cornbread croutons, creamy Southwest dressing

Build Your Own Sandwich

Whether you want a classic or a sammie with the works, we can make it!

Meats

Ham, Turkey, Roast Beef, Sliced Chicken, Corned Beef, Capicola, Bologna, Salami, Liverwurst, Pastrami

Cheeses

3 Pepper Colby Jack, American, Sharp Cheddar, Vermont Cheddar, Chipotle Gouda, Smoked Gouda, Havarti, Muenster, Pepper Jack, Provolone, Gold Swiss, Lacey Swiss

Condiments

Classic Mayo, Dijon Mustard, Spicy Brown Mustard, Salsa Mayo, Black Olive Mayo, Caesar Dressing, Creamy Horseradish

Toppings

Lettuce, Tomato, Onion, Cherry Peppers, Roasted Red Peppers, Pickles

Bread

Italian, Ciabatta, Sub Roll, Rye, White, Wheat, Tortilla Wraps

Sides

Morning Potatoes - \$4

Side Bacon - \$3.50

Griddled Muffin - \$3

- Blueberry or Corn

Coleslaw, Potato or Macaroni Salad (8 oz.) - \$3

Fried Deviled Eggs with Sriracha - \$7

Kale Power Salad (16 oz.) - \$5

Hot Soup (12 oz.) - \$5

- Chicken Noodle Soup, Beef Chilli

Housemade Potato Chips - \$3

Onion Rings - \$6

Sweet Potato Fries - \$5

Chips & Guacamole - \$7

Iced Fudge Brownie - \$3 BIG Chocolate Chip Cookie - \$3.50

Drinks

Fiji Water or Boylan Soda - \$2

Natalie's Orange Juice (8 oz.) - \$2

Beet & Orange Juice - \$7

Iced Chocolate Horchata - \$5



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Breakfast

Sickles Slammer - \$7

Fried egg, pork roll, Morning Potatoes, Vermont white cheddar, brioche roll

Croissant Eggwich - \$7

Scrambled eggs, young Gouda, sweet basil, caramelized onions, toasted croissant

Breakfast Burrito - \$6

Black beans, peppers, onions, cilantro, scrambled eggs, pepper jack cheese, flour tortilla & tomato salsa

Good Morning Grilled Cheese - \$6

Fried egg, Vermont white cheddar, house-smoked bacon, grilled marble rye

Egg White Sandwich - \$6

Egg whites, Muenster cheese, baby spinach, grainy mustard, multigrain bread

Huevos Rancheros - \$8

Corn tortillas deep fried with refried beans, egg, tomato salsa and avocado. Sprinkled with Cojita cheese

Sickles Benedict - \$12

Our take on a classic! English muffin with over easy eggs, pork roll, bacon and a decadent cheese sauce. Served with Morning Potatoes

Avocado Toast - \$9

Avocado, arugula, micro daikon radish, over-medium eggs, lemon juice, extra virgin olive oil, multigrain bread

Omelet - \$10

2 egg omelet with your choice of two veggies (peppers, onions, spinach, tomato, mushrooms) and cheese. Served with Morning Potatoes and a slice of toast

Oatmeal Porridge - \$8

Steel cut and rolled oats, cinnamon and maple syrup cooked in almond milk, with dried fruit, bananas and berries

Egg & Cheese Sandwich - \$5

Your choice of cheese & bread

Griddled Muffin - \$3

Your choice of Blueberry or Corn

Biscuits & Gravy - \$8

Two house made biscuits topped with fried chicken cutlets and sausage gravy

Chicken & Waffles - \$13

Belgian waffle topped with buttermilk fried chicken and bacon gravy

Classic Belgian Waffle - \$8

Served with Maple Syrup and Butter

Served with sliced banana, strawberries and Nutella - \$3

Add Bacon to any breakfast item - \$2

All breakfast items are made to order and served with seasonal fruit salad.

Seasonal Specials

Whole Wheat Cherry Waffle - \$12

Cherry compote, orange-cinnamon butter

Goat Cheese Toast - \$11

Lachsschinken (smoked pork loin), parsnip, butternut squash, beets, arugula, dark maple syrup, sourdough toast

Curried Beef & Chickpea Stew - \$7

Root veggies, sweet onions, tomato, garlic, garam masala, turmeric, chili, coriander

Winter Shrimp Salad - \$15

Baby spinach, cara cara oranges, butternut squash, beets, thumbelina carrots, blood orange vinaigrette

Beet & Orange Juice - \$7

Cold Sandwiches

Turkey Avo - \$9

Roasted turkey breast, avocado, black pepper aioli, green leaf lettuce, sliced pumpernickel

Grilled Chicken Breast - \$10

Grilled zucchini, sundried tomato spread, provolone, arugula, ciabatta

Lobster Roll - \$25

Our signature lobster salad on a buttered and toasted brioche roll.

Oven Roasted Ribeye - \$15

Crispy spiced onions, green leaf lettuce, brown buttered mushrooms, Boursin cheese, seeded semolina sub roll

BLT - \$9

Classic Bacon, Lettuce & Tomato Sandwich with your choice of bread

Sickles' Own Classics

The Italian Sub - \$9

Genoa salami, cappy ham, picante provolone, red onions, romaine lettuce, tomato and Italian dressing on a sub roll

The Fair Haven - \$12

Warm honey maple turkey, bacon, Swiss cheese, coleslaw and Russian dressing on a ciabatta roll

The Parker House - \$13

Grass-fed roast beef, provolone, romaine, tomato, horseradish sauce, Kaiser roll

The Sweet Adelaide - \$12

Oven Gold turkey, bacon, avocado, spinach & honey mustard on a wrap

Turkey Club - \$12

Turkey, romaine, bacon, tomato and Hellmann's mayonnaise, white toast

Hot Sandwiches & Such

The Vermont - \$13

Sickles' Own Turkey, Vermont Cheddar, maple mayo, sliced apples and lettuce on sourdough bread

Crispy Buttermilk Fried Chicken - \$11

Fried chicken, creole veg slaw, spicy mayo, bread & butter pickles, pretzel bun

Sickles Smash Burger - \$10

House blend of chuck and brisket patties griddled over onions, served with black pepper mayo, pickles, lettuce & tomato on a brioche bun

Add cheese - \$1 Add Tomato Bacon Jam - \$2

Falafel Burger - \$10

Falafel burger with Calabrian chili hummus, sumac onions, shredded red cabbage, pickled fennel, lemon garlic tahini, whole wheat pita

Ribeye Cheesesteak - \$14

Ribeye, peppers, onions and provolone cheese on an Italian roll

French Dip - \$13

Roast beef, Swiss cheese and caramelized onions on a French baguette. Served with au jus for dipping

Mushroom French Dip - \$12

Portobello and shiitake mushrooms, Swiss cheese and caramelized onions on a French baguette. Served with mushroom au jus for dipping

Pulled Pork & Apple Slaw Sandwich - \$10

Pulled pork topped with a tangy fresh cabbage and apple slaw on a Kaiser roll

Squash'Wich - \$9

Butternut squash, beets, cauliflower, Vermont cheddar and autumn mayo on focaccia bread

Chicken Parm Grilled Cheese - \$10

Fried chicken cutlet, Sickles' Own Mozzarella and marinara sauce on sourdough bread

Sausage & Pepper Hot Roll - \$9

Sweet sausage, peppers, onions and Sickles' Own Mozzarella on a seeded semolina sub roll

Fish & Chips - \$15

Tempura battered cod served with house made potato chips and tartar sauce

Deep Fried PB&J - \$8

A must-try! Peanut butter & grape jelly sandwich, egg battered and dipped in panko, then fried and topped with strawberry sauce